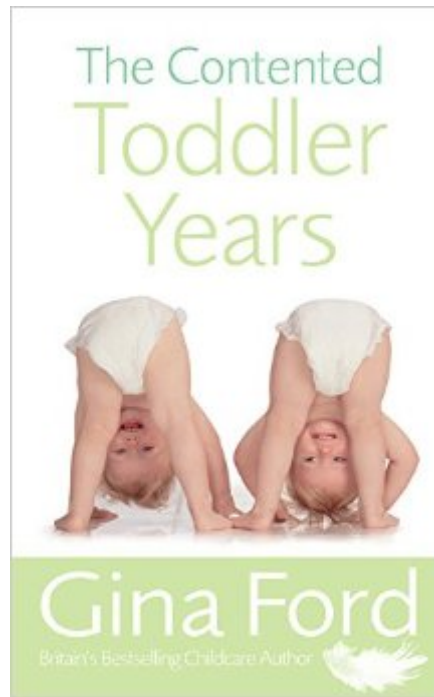


The book was found

# The Contented Toddler Years



## Synopsis

As babies grow, so their routines and patterns change. In *The Contented Toddler Years* Gina addresses the many changes in sleeping and feeding habits that arise during the second and third year. She offers invaluable advice and insight into these crucial stages of a child's development, from walking and talking, to teething and potty training and also shows you how to: -deal with tantrums, food refusal and sibling jealousy -prepare for the arrival of a second baby, including how to cope physically, emotionally and financially, and how to adapt her routines when caring for a baby and toddler -make teeth-cleaning fun and put an end to habits such as thumb-sucking, nail-biting and eating dirt -decide what type of childcare is best for you and your toddler Gina's advice is derived from hands-on experience of dealing with children. Parents can be confident that her techniques, which have been tried and tested many times and have proved successful with many different children, can also work for them. She has listened to the concerns of thousands of parents via her consultations and website. Reassuring and down-to-earth, parents will find Gina's advice can help make the passage from contented baby to confident child a happy and stress-free experience for the whole family.

## Book Information

Paperback: 198 pages

Publisher: Vermilion (April 1, 2006)

Language: English

ISBN-10: 0091912660

ISBN-13: 978-0091912666

Product Dimensions: 8.4 x 5.2 x 0.7 inches

Shipping Weight: 7.8 ounces

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (11 customer reviews)

Best Sellers Rank: #433,836 in Books (See Top 100 in Books) #387 in [Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Home Repair](#) #1147 in [Books > Parenting & Relationships > Parenting > Early Childhood](#)

## Customer Reviews

I purchased this book when my toddler turned one because *The Contented Little Baby* book (also by Ford), only covered the first year and I suddenly felt lost! Ford is a genius when it comes to handling babies and toddlers and this book covers issues such as sleeping, eating, tantrums, potty-training, etc. Recently, we transitioned our 28-month old to a toddler bed and it was taking an

hour to settle her down and multiple trips to put her back in bed. We followed Ford's suggestion on handling this situation and within 2 weeks (as promised), our daughter was (and still is) asleep within 10 minutes of our leaving the room with no movement from the bed. It's a miracle! If you have a toddler, you have to have this book.

Kids need structure that is all there is to it. Gina Ford's book presents a comprehensive step by step instructional on how to build a safe and sane environment for your child. Bought this used and the pages seem to have been wet at some point but the book is complete and the content preserved. Arrived fast and intact, good job from the seller.

This book is fantastic. It is a fantastic parenting book, that is concise and easy to understand with helpful tips to enhance your toddler's learning curves. The first part of the book is broken into two sections 12-24 months and 24-36 months. The author states very clearly what hurdles you are likely to face, and how to help your child face them, how to help your toddler grow into a well-rounded child. I feel confident to take my (currently 8 month old) into the toddler years with fantastic information to help lessen the frustrations of a 12-24 month old who will be learning to communicate but not probably knowing exactly how, and how to help my 24-36 month old become more independent and be a hands-on mother to enhance her growth and development. I haven't implemented anything yet (due to my daughter's age) but I can already tell it will become "my Bible" for child-rearing these early years, and I feel confident moving into the next phase of motherhood. This is a purchase you won't regret it at all. UPDATE July 2011: I have read this book and referred to this book about twice a year. It's an easy read to refresh your memory on your toddler. I have not come across anything the author says to NOT be true. Everything she seems to hit the nail on the head. Some day, I want to kiss the ground that Gina Ford walks on. She has given my husband and I the tools to parent so confidently and informative. I read it over a week to just refresh my thoughts and remind myself about my toddlers. This has been a great tool in our home to enhance our parenting!

its a very helpful book with really simple and easy to follow points, directions are pretty clear. Although i must say i find it very odd that this book seems like it wasn't edited, i see a lot of spelling errors. other than that i think there is too much repetitions in this book.but overall i recommend it

Gina's book is an excellent guide on how to approach toddler schedules, ie. Eating, sleeping and

playing. It's very well balanced and it's been a wonderful guide to our family since our son was born. I love the "situation/Q&A" sections in the book. By reading them we realize that everyone is going through the same growth spurts, which include more/less sleep, discipline, etc. I think we as parents are the trainers and Gina gives us the program :) Absolutely LOVE Gina's books. I now give them as baby shower gifts to my friends.

i read dozens of books to help me with my twins since their birth and all books by gina ford were great, very helpful and somehow my babies developed as she predicted in the her books.

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